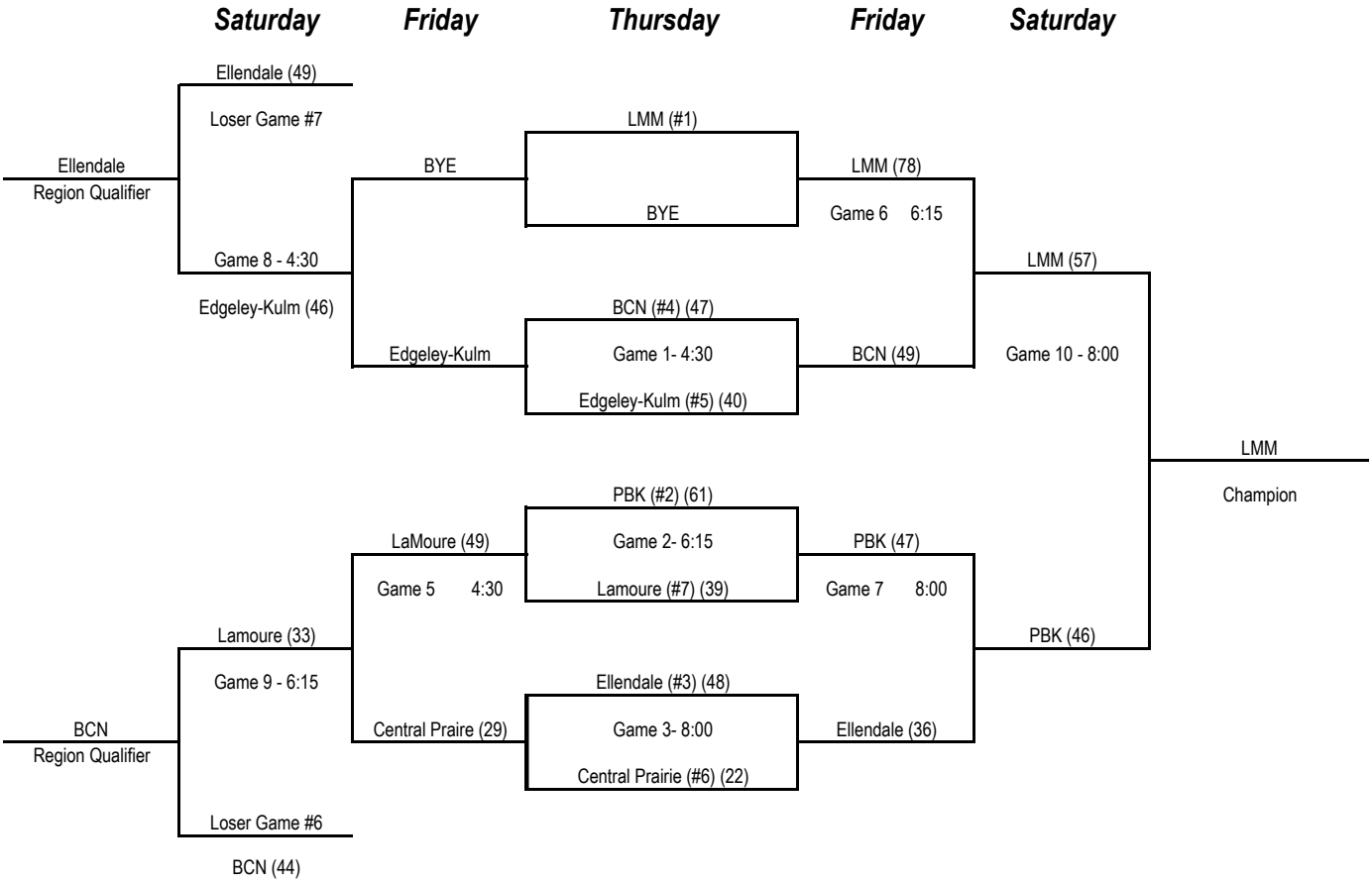2009 Girls District 5 Tournament