

Vault

Judge's Initials _____

SJ or AJ


Gymnast# _____

08-09


<u>Vault Deductions</u>	1 st	2 nd
First Flight		
Legs crossed up to 0.1		
Leg separations up to 2.0		
Bent knees up to 0.3		
Hip angle up to 0.2		
Arched body up to 0.2		
Incomplete Twist up to 0.3		
Repulsion Phase		
Bent arms up to 0.5		
Shoulder angle/Arch up to 0.2		
Staggered/alt hands (fwd entry vaults) up to 0.1		
Additional hand placements up to 0.3		
Twist too soon up to 0.3		
One hand vault (CJ), 1.0		
Second Flight		
Twisting to late up to 0.5		
Legs crossed up to 0.1		
Leg separations, up to 0.2		
Bent knees, up to 0.3		
Insufficient tuck/pike/stretch up to 0.3		
Insufficient exactness of twist up to 0.1		
Late completion of twist up to 0.3		
Height up to 0.5		
Length up to 0.3		
Extension (str. vaults) up to 0.3		
Insuf/Late extension up to 0.2		
No extension up to 0.3		
Brush/hit on table up to 0.2		
Incomplete/Over Twist up to 0.3		
Landing		
Extra arm swings up to 0.1		
Add'l trunk movements up to 0.2		
Body posture on landing up to 0.2		
Slight hop/adjustment up to 0.1		
Extra steps (up to 0.3) 0.1 each		
Large step/jump 0.2		
Deep squat up to 0.3		
Brush/touch w/hand(s) no support) 0.3		
Support on mat w/hand(s) 0.5		
Fall to knees/hips 0.5		
Fall against apparatus 0.5		
Land in sit/lie/stand on table VOID		
General		
Direction error, up to 0.3		
Insufficient dynamics, up to 0.3		
Total Deductions		

Group 1	Group 2	Group 3	Group 4	Group 5
7.0	8.6	8.8	9.0	9.2
Squat Straddle	¼ - ¼ Handspring Round-off— Repulsion off	Yamashita Handspring - ½ ½ on — Handspring ¼ on — ¾ off Rnd-off ½- hndsprng Rnd-off ¼ - ¾ Rnd-off— hndsprng ½	Yamashita - ½ ½ - ½ Round-off ½ - ½	½ - 1/1 Round-off ½ - 1/1 ¼ - 1¼ Round-off ¼ - 1¼
Group 6	Group 7	Group 8	Group 9	Group 10
9.4	9.6	9.8	9.9	10.0
Handspring - 1/1 Yamashita - 1/1 Round-off - 1/1 1/1- Handspring Round-off 1/1 - Handspring	Tsukahara (tuck) Round-off - Back Salto (tuck) Handspring- 1½ 1/1 - ½ Round-off 1/1 - ½ ½ - 1½ Round-off ½ - 1½ ¼ - 1¾ Round-off ¼ - 1¾	Tsukahara (Pike) Round-off to back salto (pike) 1/1 - 1/1 Round-off 1/1 - 1/1	Tsukahara (Tuck) ½ 1/1 - 1½ Round-off 1/1-1½	Tsukahara (layout) Round-off back salto (layout) Tsukahara 1/1 Tsukahara (Pike) ½ Hndsprng-Frnt Salto Cuervo (handspring - ½ to back salto) Phelps (½ - ½ front salto) Any vault with at least a double twist in either flight phase

1st Vault



2nd Vault



VOID VAULTS: 1. Vault is not designated; 2. An incomplete attempt with contact of the table, 3. Gymnast vaults prior to SJ signal; 4. Round-off entry vault without spotter and/or safety mat; 5. Perform without pistons/pedestal padding; 6. Failure to touch table with hands; 7. Vault not completed to feet first landing; 8. Vault is facilitated (except handspring)

Vault 1 _____	Value: _____	Vault 2 _____	Value: _____
Deductions: _____		Deductions: _____	
Neutral Ded: _____		Neutral Ded: _____	
FINAL SCORE: _____		FINAL SCORE: _____	