

NORTH DAKOTA HIGH SCHOOL ATHLETIC ASSOCIATION

Chad Anderson, West Fargo, Girls East Rep. 2008 to 2011
Erik Hanson, Bismarck High School, Girls West Rep. 2010 to 2013
Greg Ladouceur, Grand Fork Red River, Boys East Rep. 2010 to 2013
Paul Christen, Mandan, Boys West Rep. 2009 to 2012

NDHSAA Board Athletic Review:

Boys Tennis: _____
Date: _____

Girls Tennis: X
Date: 5-27-11

Recommendations:

1. The coaches would like the guideline for the mandatory 10-minute break between the second and third sets of a match (P. 107 Table 10) to be optional and allow players to continue if they are deemed ready to do so.
2. The coaches wish to change the wording of regulation #12 to remove the description “tank top or racer back dresses” and replace with “tops with spaghetti straps.”
3. The coaches wish to include a regulation that the first round and state qualifying matches at the regional tournaments be held at neutral court sites for each time, when it is feasible to do so.

Rationale behind the recommendations:

1. During regular season matches, players typically do not take a 10-minute break between the second and third sets. Set breaks between first and second sets are three minutes in length, and a break that is over three times that amount of time is often more detrimental to the players. In this time, muscular cool-down can happen, increasing the chance of injury.

All coaches present at State tennis advisory meeting voted yes for this recommendation:

BH, BC, Minot, Mandan, St. Mary’s, WF, FS, FN, FD, GFRR. 10 yes - 0 no

2. There is inconsistency with uniform regulations from sport to sport. Volleyball, track, and some basketball teams use a form of the racer back cut top as their uniforms. This cut is very comfortable for the movements that female tennis players perform during matches. A vast majority of uniform options involve a racer back cut, which makes creating a team uniform difficult. Since most teams have players purchase their own uniforms, finding a regulation (as it currently states) uniform top is difficult. The racer back cut is not a revealing cut, but rather it provides the players with ease of upper-body movement.

All coaches present at State tennis advisory meeting voted yes for this recommendation:

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3. We strive for a fair and level playing field, especially for matches that are so crucial to state qualification. Whenever possible, sites should be kept neutral (eg. St. Mary's or Bismarck High not playing at Tom O'Leary) so as not to allow a team to gain home-court advantage.

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Minutes

-Recommendation was made to allow both players to continue before the completion of a 10-minute break between the 2nd and 3rd sets. It was decided that we would check previous regulations and make a recommendation.

-A mandatory use of the indoor facilities for WDA and State was discussed. Part of the reason a regional or state tournament is held where they are is due to the availability of an indoor facility. This was tabled to be looked at in the future.

-Sandy Wald-Clooten (St. Mary's) made a motion to make a recommendation regarding the wording of the uniform regulation. Tim Wynne (Red River) seconded. The motion passed unanimously, and recommendation will be made to Athletic Review, using rationale that was discussed.

-It was discussed that, due to safety concerns from many coaches, that Minot's Hammond Park (the main tournament site) will be unplayable within the next couple of years. Because of this, the coaches wish to get Bismarck back into the Girls' State Tournament rotation.

-Paul Christen (Mandan) made a motion that all 1st Round and State Qualifying Round matches at regional tournaments should be played at a neutral court site, whenever feasible. Even in Minot, it would be possible to play their matches at Magic City. Julie Neubauer seconded the motion, and it unanimously passed.

***Coaches, the advisory minutes will be forward to Brenda Schell:**

NDHSAA Main Contact Phone: 701.845.3953

Fax: 701.845.4935

Email: brenda.schell@sendit.nodak.edu

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Coaches and Athletic Directors:

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***Coaches, please forward the minutes to your Athletic Directors.**

Coaches, our goal is to start the changes before girls season starts.

Brenda Schell will also receive the minutes from each Advisory member.

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Email: brenda.schell@sendit.nodak.edu