

2010-11 Winter/Spring Recommendations for NDHSAA Board Consideration			
The following are recommendations with actions posted.		06/15/11	6/20-21/2011
Recommendation X:made recommendation,Y:Yes, N: No, (yes-no vote)	Adv.	Athletic	NDHSAA
NDHSAA Board of Directors will Y: approve or N: deny (y-n)	Comm	Review	Board
District Chair Recommendations			
1. Develop a coaching box for basketball	15-0		Y(9-1)
2. Change wrestling regulation #3 to read 45 matches and 16 events rather than 40 matches	15-0		Y(9-1)
3. Eliminate the 10 second rule for girls' basketball	11-4		N(1-9)
4. Develop a basketball mercy rule	14-1		N(5-5)
Wrestling			
"B" Items			
1. Allow two representatives from each B region for the state seeding meeting.	x	Y(10-0)	Y(10-0)
"A & B Items"			
1. Eliminate Wrestling Regulation 14-E-ii (NWCA input requirement/fine)	x	N(0-10)	N(0-10)
2. Change regulation #3 to read "45 matches and 16 events" instead of "40 matches"	x	Y(9-1)	Y(9-1)
3. Change the date on the 2 lb. allowance from January 1 to December 25.	x	Y(10-0)	Y(10-0)
Hockey			
Boys'			
1. Rotate opening round pairings for state tournament similar to every other Div. A sport Management issue: done	x	done	done
Girls'			
1. Rotate the girls' state tournament bracket so the #1 seed plays game one or three alternating years	x	N(2-8)	N(0-10)
Boys' and Girls'			
1. Eliminate hockey from the out-of season coaching restrictions (from end of season until Sept. 1)	x	N(0-10)	N(0-10)
2. Be allowed to roster 23 players instead of 20.	x	N(5-5)	N(0-10)
3. Change overtime regulation #1 to three-minute rest.	x	Y(10-0)	Y(10-0)
4. State Association Adoption – Rule 2-3-4 - At the conclusion of a period, teams must remain at their bench area until the referee signals the players to proceed directly to their respective dressing room.	x	Y(10-0)	Y(9-0)
5. State Association Adoption – Tied Games – Rule 6-39 During regular-season games, if the game remains tied at the end of the eight (8) minute overtime period, the teams will proceed to a shootout. The rules governing the shootout shall be the same as those listed under Rule 4, Section 7 - Penalty Shot.	x	Y(10-0)	Y(9-0)
The teams will not change ends for the shootout. The home team shall have the choice of shooting first or second. The teams shall alternate shots.			
Three (3) players from each team shall participate in the shootout and they shall proceed in such order as the Head Coach selects. All players are eligible to participate in the shootout unless they are serving a ten-minute misconduct or have been assessed a game misconduct or a game disqualification.			
Once the shootout begins, the goalkeeper cannot be replaced unless he/she is injured. No warm up shall be permitted for a substitute goalkeeper.			
Each team will be given three shots, unless the outcome is determined earlier in the shootout. After each team has taken three shots, if the score remains tied, the shootout will proceed to a "sudden death" format. No player may shoot twice until everyone who is eligible has shot. If, however, one team has fewer players eligible for the shootout than its opponent, both teams may select from among the players who have already shot. This procedure would continue until the team with fewer players has again used all eligible shooters.			
Regardless of the number of goals scored during the shootout portion of overtime, the final score recorded for the game will give the winning team one more goal than its opponent, based on the score at the end of overtime.			
The losing goalkeeper will not be charged with the extra goal against. The player scoring the game-winning goal in the shootout will not be credited with a goal scored in his/her personal statistics.			
If a team declines to participate in the shootout procedure, the game will be declared as a shootout loss for that Team. If a team declines to take a shot it will be declared as "no goal."			
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Basketball			
A&B			
1. Develop a coaching box	x	Y(8-2)	Y(9-1)
2. Eliminate the 10 second rule	x	N(3-7)	N(1-9)
3. Develop a mercy rule	x	N(2-8)	N(5-5)
Gymnastics			
1. Advance the top 8 teams to state using the top 5 team scores from the regular season, which includes the conference.	x	Y(10-0)	Y(10-0)
Swimming & Diving			
1. Relay take-off pads shall not be used.	x	Y(7-3)	N(2-8)
Golf Recommendations			
"B" Boys' & Girls' Golf Recommendations			
1. At the state tournament, coaches of participating schools will be assigned by the tournament manager to serve as scorer for specific holes. If a coach wishes to coach during the meet, the coach/school shall provide another individual to score.	x	N(0-10)	N(0-10)
2. Qualify the top three teams of five from each region for the state meet, along with the top three individuals and ties not included in the three qualifying teams.	x	Y(8-2)	N(4-6)
3. Make all regular season 18 hole meets qualifying meets with 7 over par for boys and 15 over par for girls the qualifying mark. At least 5 teams must participate in the tournament. More than six individuals could qualify from a Team. At the State meet six golfers would be designated as the Team. Any or all others would play as individuals.	x	Y(7-3)	N(1-8)
"A Boys' Golf Recommendations			
1. Designate two coaches that can coach from tee to green. Use same regulation as written for girls A golf.	x	Y(9-1)	Y(9-0)
2. Each regional site will designate one invitational tournament that will allow individuals to qualify for state. Qualifying mark will be 8 strokes above medalist or 15 above par, whichever is higher.	x	N(0-10)	N(0-9)
3. Team qualification for the state tournament will be determined by advancing the top two-thirds of the complete teams that participate and post a team score at each of the regional tournaments. If 2/3 of the teams total in a given region is an uneven number, the higher number of teams will advance.	x	N(1-9)	N(0-9)
4. Each team may substitute one player for the second round of competition, thus replacing a player who played in the first round. Neither player would be eligible for individual awards. Substitutions are made by coaches' discretion.	x	N(2-8)	N(0-9)
Tennis Recommendations			
1. Disregard the USTA mandatory 10 minute break between the second and third sets of a match. Make it optional and continue play if players are deemed ready.	x	Y(8-2)	Y(10-0)
2. Change the wording of regulation #12 to remove the description "tank top or racer back dresses" and replace with "tops with spaghetti straps.	x	Y(10-0)	Y(10-0)
3. Hold the first round and state qualifying matches at the regional tournament on neutral court sites when feasible to do so.	x	N(0-10)	N(0-10)
Baseball			
"B" Baseball Recommendations			
none			

"A" Baseball Recommendations			
1. In Class A Baseball, each pitcher will have a full complement of innings for post-season tournaments providing there is a minimum of four days rest prior to any post-season tournament. Any innings used between Sunday and the Post Season Tourney, including play-in games and weather related conference make up games will count in the 14 innings in a 7 day period rule.	x	Y(10-0)	Y(10-0)
Girls' Soccer Recommendations			
none			
Track & Field Advisory Recommendations			
Class A			
1. Move Track and Field season one week later, beginning one week later and ending one week later	x	N(2-8)	N(0-10)
2. Set the declaration deadline for region entries at noon one day prior to the region meet.	x	Y(10-0)	Y(10-0)
Class B			
1. Require regional managers to provide a performance list to coaches prior to the pre-region coaches meeting	x	N(2-8)	N(0-10)
2. With six regions----advance the top four from each region to state.	x	N(0-10)	N(0-10)
Class A & B			
1. Move the regional meet to Friday to allow Saturday as an alternate day if inclement weather causes a change.	x	N(4-6)	N(1-8)
2. To be a state-qualifying meet, there must be a minimum of two teams with no minimum for individual entries.	x	Y(8-1)	Y(8-1)
3. Adjust the following qualifying standards:			
a. Class A and B Girls' 4 X 100 Relay to 52.84	x	Y(9-0)	Y(9-0)
b. Class A and B Girls' 4 X 200 Relay to 1:51.54	x	Y(9-0)	Y(9-0)
Softball Advisory Recommendations			
1. Split softball into two divisions, A and B.	x	Y(9-0)	Y(8-2)
Athletic Review Committee Recommendations			
1. 'A' Boys Golf--Amend #2 to read 7 strokes above medalist or 7 strokes above par, whichever is higher	x	Y(10-0)	Y(10-0)
2. Track & Field--The Athletic Review Committee recommends a discussion of rolling all spring sports one week later takes place coaches' covention and at a future NDHSAA Board meeting	x	Y(10-0)	Y(8-2)