

2009 Cross Country Advisory Committee  
December 1, 2009

Committee Members: Brian Anderson, New Town; Brad Lies, Bismarck Century;  
Scott Reichenberger, Bismarck; Rick Henry, Larimore

Recommendations:

1. Research promotion of cross country with media outlets.
2. Clarify regulations as they apply to junior high teams for competition.
3. Suspend mandatory rules clinics until on-line availability or if continuing with face-to-face clinics, hold every second or third year.
4. Correct scoring on the MVP website (highest points are currently considered first place).

For State Cross Country Meet:

1. Suggest course layout use two loops to avoid sharp turns/corners. Most important consideration is the design of the course to promote a fair layout for the athletes.
2. State meet site – rotate to more courses. Top preference is Minot.
3. Do not include active coaches as members of the protest committee.

Items Discussed:

1. Awards Ceremony
2. Rotation of sites for the State Cross Country Meet. Will include in survey of coaches.
3. Use of sunglasses – determined should be for medical purposes only.
4. Survey coaches on the proposed race times and order which would allow one division to compete in either the first two races or the last two races. Awards would follow the completion of a division. Schedule suggested:  
2010: Div B – Girls 12:00 / Boys 12:45    2011: Div A – Girls 12:00 / Boys 12:30  
          Div A – Girls 2:15 / Boys 2:45                    Div B – Girls 2:00 / Boys 2:45  
Years 2012 and 2013 would follow the same division rotation as 2010 and 2011 but the genders would be switched.